

Support Staff Education Committee Bulletin September 22, 2026

Education Assistant training module

Further to the [previously issued communication on May 13, 2026](#), the Support Staff Education Committee (SSEC) is pleased to provide access to the third Education Assistant (EA) training course called: *Understanding Mental Health in the Classroom*.

This 4-hour course is intended to provide professional development opportunities for EAs working to support and become more aware of learners regarding their mental health. The course provides participants with guided learning activities, knowledge checks, opportunities for reflection, and assessment linked to the following:

- What is mental health?
- Mental health literacy pyramid
- Evolution of mental health awareness in classrooms
- Roles and responsibilities of an Education Assistant
- Privacy & Ethics
- Exploring trauma and its impact on learning
- Common mental health challenges in the classroom
- Mental Health Disorders & IEPs

Please note that this training course is not intended to replace any EA training provided by the local health authorities via their Nursing Support Services.

The course is accessible via BCPSEA's website, along with the first two EA training courses: *Understanding Behaviour & Inclusive Education* and *Understanding Common Medical Conditions*. To log into the course:

- a. Staff will first need to create an account (**using their school district email address**) at:
<https://bcpsea.bc.ca/my-account-login/>
- b. Once staff have created their account, they will be able to access the course at:
<https://bcpsea.bc.ca/all-courses/>

If staff experience difficulties accessing the course, please email: officeadmin@bcpsea.bc.ca.

For more general questions about the SSEC committee, please contact Brad Den Ouden at bradd@bcpsea.bc.ca or Kirsten Daub at kdaub@cupe.ca.